

High School Speaker Series



At Minnesota State College Southeast, we value connecting with the community. We realize it's difficult to bring your high school students to us, so we're sending our instructors to you!

We've assembled a group of faculty that have volunteered to be guest speakers in your high school classrooms.

Contact any of the listed instructors directly to schedule a presentation to your group. Each presenter is only available for a handful of presentations, so please make contact early to take advantage of this opportunity.



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How One Can Make a Difference in Society



Along with military service, Greg has nearly three decades within the sociology and criminal justice profession. He's excited about the opportunity to share how our community can come together for the greater good. Learn how one individual can make a profound difference on a local, national, or global level. Students will enjoy Greg's charismatic style and his direct insight into the often misunderstood world of criminal justice.

Greg Cady gcady@southeastmn.edu 651-385-6411

Anti-German Backlash during WWI



Charles Lindbergh Sr. is often overshadowed in the memory of his son, but his impact on Minnesota was substantial. This talk will explain how Lindbergh's opposition to the war was portrayed as disloyalty to the United States and was used against him in the Republican primary of June 1918. Especially interesting is the local reaction to Lindbergh expressed in the local papers of Rochester, Winona, Red Wing, and Wabasha.

Chris Stout cstout@southeastmn.edu 507-453-1475

Understanding Soil Health – A Practical Guide



From back yard gardeners to large production farming the health of your soil determines the quality of food you grow. Explore the basic principles of soil science and the inter-relationship between plants, fungus, bacteria and microorganisms. Determine the health of your soil through hands-on observation and simple on farm qualitative methods.

Erik Harris erik.harris@southeastmn.edu 507-457-2822

Hunger and the Drive to Eat



Have you ever thought about why you eat the foods that you do? Habits, culture, and access to food all play a big role, but did you know that microbes living in your gut may be influencing your food choices? See what happens to the body in a starvation situation by examining the case of Steve Callahan who was lost at sea for 76 days.

Liz Micheel emicheel@southeastmn.edu 507-453-1477

Stress from a Psychological Perspective



Stress! We all have it, but how we deal with it can be healthy, or not! In this talk, we will explore the stress response from a psychological perspective. We will compare and contrast the male and female stress response, and explore healthy coping strategies.

Angel Mytas amytas@southeastmn.edu 507-453-1453